



International

# SHINSON HAPKIDO

Movement and self-defense art from Korea



## Country course Austria with Sonsanim Ko. Myong

Meditation and martial arts master, founder of Shinson Hapkido

Vienna, April 24–26, 2026

# SHINSON HAPKIDO COUNTRY COURSE AUSTRIA 2026



## We cordially invite you to a weekend seminar with Sonsanim Ko. Myong!

When?	April 24–26, 2026
Where?	<ul style="list-style-type: none"><li>• Dojang Vienna 1, Pfeilgasse 42a, 1080 Vienna</li><li>• panda Studio for Qigong and Music, Lindengasse 11, Staircase 1, Door 2 (ground floor), 1070 Vienna</li></ul>
What?	Chon-Jie-In Myong Sang / Meditation Danjon Hohupbop / Breathing technique Shinson Ki Do In / Healing gymnastics Shinson Hapkido training Group training Discussion and counseling
Who can participate?	<b>Anyone can participate!</b> Whether young or old, beginner or advanced, coming from other martial arts, or just curious: <b>Everyone is welcome!</b> (We ask people with special needs or limitations to contact us personally for consultation before registering.)
Required materials?	Shinson Hapkido member card (if available) Shinson Hapkido dobok or simple sportswear From 4th kup: Chang Bong Dan holders: long and short sticks Indoor shoes or warm socks Writing materials Meditation cushion (for morning meditation)
Instructor?	Sonsanim Ko. Myong, founder of Shinson Hapkido Sabomnim Laszlo Martos, 4th Dan Official Shinson Hapkido instructors
Organizer?	Shinson Hapkido Austria, Dojang Vienna 1 Bu-Sabomnim Norbert Teufelbauer The event is taking place with the official approval of the International Shinson Hapkido Association e.V.
Cost	Adults: €105 Children (aged 6 to 14) €45 <b>The fee must be paid in cash upon registration.</b>
Registration deadline?	March 31, 2026

# SHINSON HAPKIDO COUNTRY COURSE AUSTRIA 2026



## SCHEDULE

### FRIDAY, April 24, 2026

DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

6:00 p.m. – 9:00 p.m. **Shinson Hapkido training from 2nd kup (brown belt)**

---

### SATURDAY, April 25, 2026

DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

Starting at 9:00 **Registration**

a.m.

10:00 a.m. – **Group training for all**

11:00 a.m.

11:00 a.m. – **Group training**

12:30 p.m.

12:30 p.m. – 2:30 **Lunch**

p.m.

2:30 p.m. – 4:00 **Group training**

p.m.

4:00 p.m. – 5:00 **Group training for everyone**

p.m.

RESTAURANT MITTENDRIN/VINZIRAST, WÄHRINGER STRASSE 19, 1090 VIENNA

From 6:30 p.m. **Joint dinner and celebration.**

Free donation for the celebration – proceeds will go to VinziRast, an organization that supports homeless people ([www.vinzirast.at](http://www.vinzirast.at)).

---

### SUNDAY, April 26, 2026

PANDA STUDIO FOR QIGONG AND MUSIC, LINDENGASSE 11, STAIRCASE 1, DOOR 2 (GROUND FLOOR),  
1070 VIENNA

5:45 – 7:00 p.m. **Meditation and gymnastics**

Followed by breakfast together (at cost):

FELBER BAKERY, LERCHENFELDERSTRASSE 38, 1080 VIENNA

# SHINSON HAPKIDO COUNTRY COURSE AUSTRIA 2026



DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

10:00 a.m. – **Health training for everyone aged 6 and above**

11:00 a.m.

11:00 **Group training**

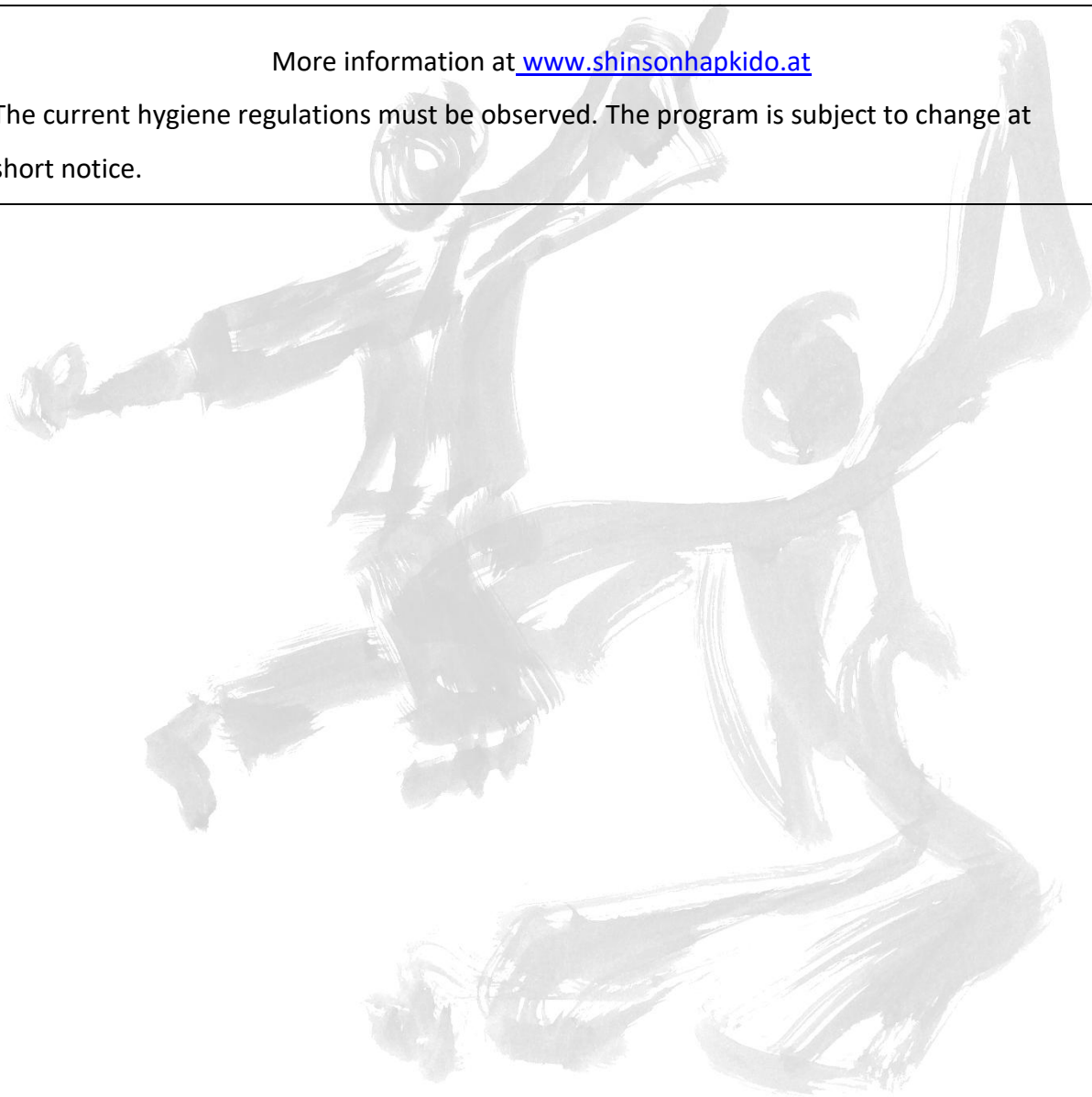
1:00 p.m. **Question time with Sonsanim Ko Myong**

---

More information at [www.shinsonhapkido.at](http://www.shinsonhapkido.at)

The current hygiene regulations must be observed. The program is subject to change at short notice.

---



**for the Austria country course from April 24–26, 2026**

[illegible]

[illegible]



# SHINSON HAPKIDO COUNTRY COURSE AUSTRIA 2026



## Declaration of consent

I hereby declare that I agree to my child's participation

---

Child's name

in the Shinson Hapkido Austria Country Course from April 24 to 26, 2026, in Vienna.

I am familiar with the teaching methods of Shinson Hapkido and am aware that participation is at my own risk. I have also informed my child that they must follow the instructions of the responsible persons (Shinson Hapkido teachers/supervisors) at all times. **Subsequent objections are excluded!**

---

Name of the legal guardian

---

Address of the legal guardian

---

Phone number\* (please include country code) of the legal guardian

\* Please be sure to provide a phone number where we can reach you this weekend!

---

Date and signature of the legal guardian