



International

SHINSON HAPKIDO

Movement and self-defense art from Korea



Country course Austria with Sonsanim Ko. Myong

Meditation and martial arts master, founder of Shinson Hapkido

Vienna, April 24–26, 2026

SHINSON HAPKIDO COUNTRY COURSE

AUSTRIA 2026



We cordially invite you to a weekend seminar with Sonsanim Ko. Myong!

When?

April 24–26, 2026

Where?

- Dojang Vienna 1, Pfeilgasse 42a, 1080 Vienna
- panda Studio for Qigong and Music, Lindengasse 11, Staircase 1, Door 2 (ground floor), 1070 Vienna

What?

Chon-Jie-In Myong Sang / Meditation
Danjon Hohupbop / Breathing technique
Shinson Ki Do In / Healing gymnastics
Shinson Hapkido training
Group training
Discussion and counseling

Who can participate?

Anyone can participate! Whether young or old, beginner or advanced, coming from other martial arts, or just curious:
Everyone is welcome!
(We ask people with special needs or limitations to contact us personally for consultation before registering.)

Required materials?

Shinson Hapkido member card (if available)
Shinson Hapkido dobok or simple sportswear
From 4th kup: Chang Bong
Dan holders: long and short sticks
Indoor shoes or warm socks
Writing materials
Meditation cushion (for morning meditation)

Instructor?

Sonsanim Ko. Myong, founder of Shinson Hapkido
Sabomnim Laszlo Martos, 4th Dan
Official Shinson Hapkido instructors

Organizer?

Shinson Hapkido Austria, Dojang Vienna 1
Bu-Sabomnim Norbert Teufelbauer
The event is taking place with the official approval of the International Shinson Hapkido Association e.V.

Cost

Adults: €105
Children (aged 6 to 14) €45
The fee must be paid in cash upon registration.

Registration deadline?

March 31, 2026

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SCHEDULE

FRIDAY, April 24, 2026

DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

6:00 p.m. – 9:00 p.m. **Shinson Hapkido training from 2nd kup (brown belt)**

SATURDAY, April 25, 2026

DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

Starting at 9:00 **Registration**

a.m.

10:00 a.m. – **Group training for all**

11:00 a.m.

11:00 a.m. – **Group training**

12:30 p.m.

12:30 p.m. – 2:30 **Lunch**

p.m.

2:30 p.m. – 4:00 **Group training**

p.m.

4:00 p.m. – 5:00 **Group training for everyone**

p.m.

RESTAURANT MITTENDRIN/VINZIRAST, WÄHRINGER STRAÙE 19, 1090 VIENNA

From 6:30 p.m. **Joint dinner and celebration.**

Free donation for the celebration – proceeds will go to VinziRast, an organization that supports homeless people (www.vinzirast.at).

SUNDAY, April 26, 2026

PANDA STUDIO FOR QIGONG AND MUSIC, LINDENGASSE 11, STAIRCASE 1, DOOR 2 (GROUND FLOOR),
1070 VIENNA

5:45 – 7:00 p.m. **Meditation and gymnastics**

Followed by breakfast together (at cost):

FELBER BAKERY, LERCHENFELDERSTRÀE 38, 1080 VIENNA

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DOJANG WIEN1, PFEILGASSE 42A, 1080 VIENNA

10:00 a.m. – **Health training for everyone aged 6 and above**

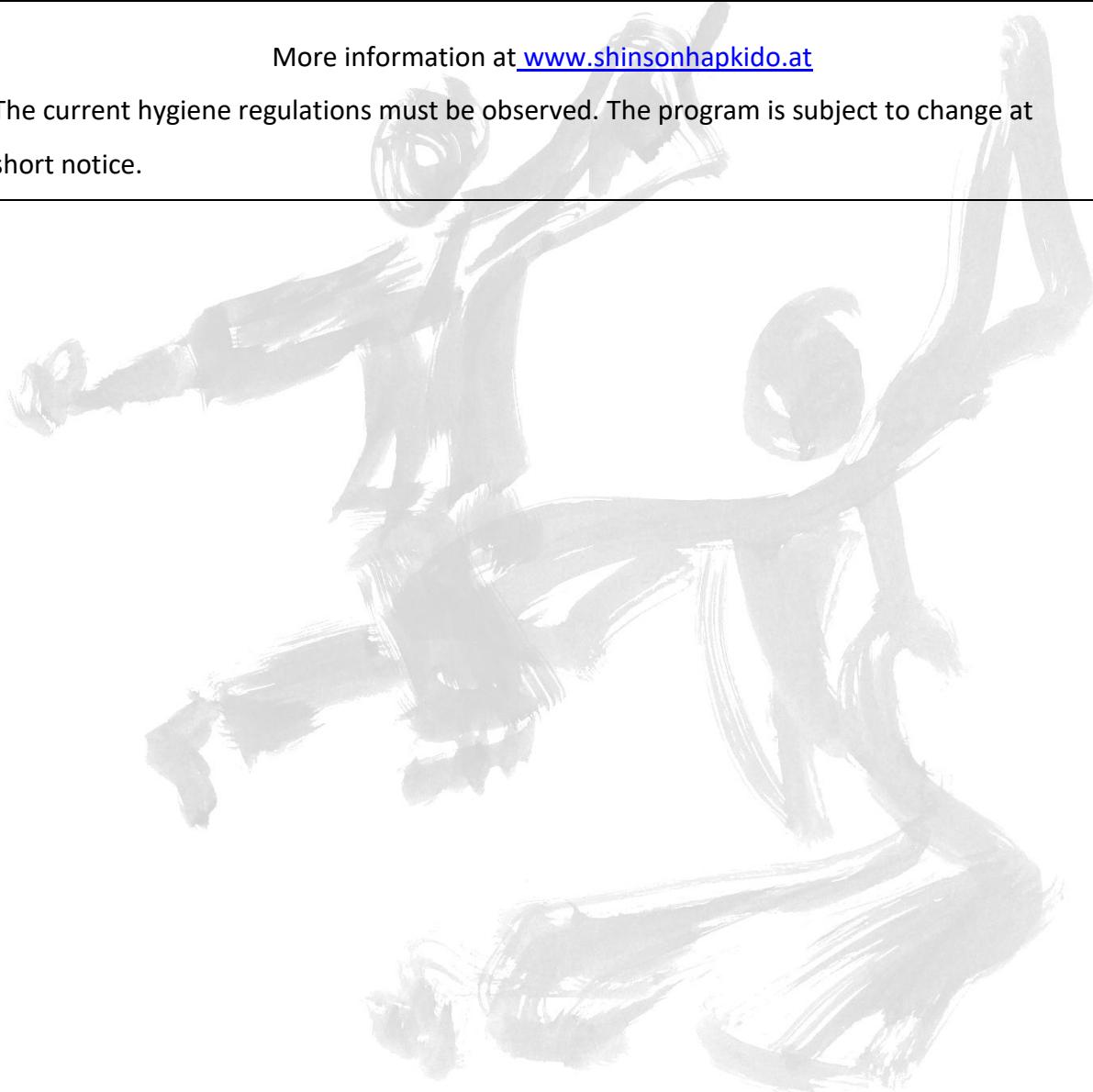
11:00 a.m.

11:00 **Group training**

1:00 p.m. **Question time with Sonsanim Ko Myong**

More information at www.shinsonhapkido.at

The current hygiene regulations must be observed. The program is subject to change at short notice.



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Registration

for the Austria country course from April 24–26, 2026

Please note:

Registration is binding after the registration deadline. In case of cancellation after March 31, 2026, the entire course fee must be paid!

Free **accommodation** is limited, so please indicate when registering whether you require a place to stay!

Please send accommodation coordination and registration lists to kontakt@shinsonhapkido.at

School/Kyosanim

Address

Phone number

Email address

Participation is at your own risk. We are not responsible for any items you bring with you.

No	Name	Age	Kup/Dan	Overnight	Signature

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Declaration of consent

I hereby declare that I agree to my child's participation

Child's name

in the Shinson Hapkido Austria Country Course from April 24 to 26, 2026, in Vienna.

I am familiar with the teaching methods of Shinson Hapkido and am aware that participation is at my own risk. I have also informed my child that they must follow the instructions of the responsible persons (Shinson Hapkido teachers/supervisors) at all times. **Subsequent objections are excluded!**

Name of the legal guardian

Address of the legal guardian

Phone number* (please include country code) of the legal guardian

* Please be sure to provide a phone number where we can reach you this weekend!

Date and signature of the legal guardian